

To *restrain* is to hold \_\_\_\_\_ from, to keep in check or under \_\_\_\_\_.

- In the days of \_\_\_\_\_, after the flood, "the rain from the heavens was restrained" (Gen 8:2).
- Job of his friends, "they have cast \_\_\_\_\_ restraint in my presence" (30:11).
- "Where there is no prophetic vision the people cast off restraint..." (Prov 29:18) - "run \_\_\_\_\_" (CSB).
- In dealing with Israel after the exodus, God "restrained his \_\_\_\_\_ often" (Psa 78:38).

One thing we all have in common? **The need for wise restraint...**

- Of our \_\_\_\_\_ (Prov 10:19; 21:23)
- Of our \_\_\_\_\_ (Prov 16:32; 17:27; 25:28; 29:11)
- Of our \_\_\_\_\_ (Prov 7:21-23; 27:20; 3:13-18)

### How do we "find" that wisdom?

- \_\_\_\_\_: "this is the way"
- \_\_\_\_\_: "that's the wrong way"
- \_\_\_\_\_: "walking the wrong way comes with consequences"

### Sad case studies

- \_\_\_\_\_ and his "worthless" sons (1 Sam 2:12-17, 22-25, 30; 3:10-13; 2:29)
- \_\_\_\_\_ and his son Adonijah (1 Kings 1:5-6a)

### Two paths

- A person \_\_\_\_\_, unrestrained, never displeased at any time (Prov 29:15)
- A person instructed, \_\_\_\_\_, and disciplined (Eph 6:1-4; Heb 12:11)

### Wisdom for the way

- Proverbs 13:24
- Proverbs 19:18
- Proverbs 22:15
- Proverbs 23:13-14
- Proverbs 29:15-17

### Our common need

- Without restraint, it is impossible to \_\_\_\_\_ God (Eccl 11:9-12:1, 13-14)
- We never \_\_\_\_\_ the need for instruction, reproof, and discipline (2 Tim 4:2)
- The goal? \_\_\_\_\_-control (Titus 2:11-14)

