

What is the Fruit of the Spirit?

BUILDING BLOCKS

The Spirit's Fruit: KINDNESS & GOODNESS

Part 6

In **John 15:5**, Jesus taught, "I am the _____; you are the **branches**. Whoever abides in me and I in him, he it is that bears much _____..."

What **sort** of fruit?

"The fruit of the Spirit is love, joy, peace, patience, **kindness**, **goodness**... (Gal 5:22)



First up, what is **KINDNESS**? It's finding ways to _____ and _____ others. For example:

After we were brought safely through, we then learned that the island was called Malta. The native people showed us **unusual** _____, for they kindled a fire and welcomed us all, because it had begun to rain and was cold. (Acts 28:1-2)

Kindness is fruit that God expects from **all** of us:

Be kind to one another, tenderhearted, forgiving one another, _____ in Christ forgave you. (Eph 4:32)

Closely related to kindness is the fruit of **GOODNESS**—learning what _____ God and doing it.

Notice how **Romans 12:9-21** is full of the Spirit's fruit:

Let love be genuine. Abhor what is evil; hold fast to what is _____. (12:9)

Do not be overcome by evil, but _____ evil with good. (12:21)



When we walk by the Spirit, connected to Jesus, we'll learn what **good** things please God and do them with **kindness** in our hearts toward others.

For Class & Family Discussion:

- ▶ How would you describe **kindness** in your own words?
- ▶ Why is kindness often "unusual"?
- ▶ Is there a connection between being "tenderhearted" (Eph 4:32) and **kindness**?
- ▶ Can you think of people in the Bible who were unusually **kind**?
- ▶ How does **goodness** as fruit of the Spirit relate to the psalmist's description of God in Psalm 119:68?
- ▶ What's the danger being described in Isaiah 5:20-21? Does this still happen? How?
- ▶ In everyday terms, how can evil be "overcome" with **good**? (Rom 12:21)
- ▶ How does "walking by" the Spirit (Gal 5:16), following the "lead" of the Spirit (Gal 5:18), "keeping in step" with the Spirit (Gal 5:25) and "sowing to" the Spirit (Gal 6:8) produce the fruit of **kindness** and **goodness**?